

Harvest Yuma K-8 Breakfast & Lunch

MONDAY

1

TUESDAY

2

Breakfast Entrée
 • Cheesy Egg Breakfast Burrito
 • Cinnamon Toast Crunch Cereal w/ Graham Crackers
 • Trix Cereal w/ Graham Crackers
 • Cheerios Cereal w/ Graham Crackers
 Fruit
 • Fresh Orange
 • 100% Apple Juice
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Lunch Entrée
 • BBQ Beef Rib Sandwich
 • Grande Cheesy Nachos
 • Sunbutter & Jelly Sandwich w/ String Cheese
 Vegetables
 • Fresh Lettuce & Spinach Mix
 • Fresh Celery Sticks
 • Fresh Baby Carrots
 • Fresh-Cut Cucumber Slices
 • Cheesy Mexican Mix Refried Beans
 Fruit
 • Sweet Diced Peaches
 • Fresh Orange
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local

WEDNESDAY

3

Breakfast Entrée
 • Homemade Pancakes
 • Cinnamon Toast Crunch Cereal w/ Graham Crackers
 • Trix Cereal w/ Graham Crackers
 • Cheerios Cereal w/ Graham Crackers
 Fruit
 • Fresh Apple
 • INACTIVE 100% Orange-Pineapple Juice
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Misc
 • Maple Syrup Cup
 Lunch Entrée
 • Chicken Tenders w/Roll
 • Vegetarian Pasta Alfredo
 • Turkey Ham & Cheese Sandwich
 Vegetables
 • Fresh Lettuce & Spinach Mix
 • Fresh Baby Carrots
 • Fresh-Cut Cucumber Slices
 • Fresh Celery Sticks
 • Steamed Corn
 Fruit
 • Fresh Apple
 • Juicy Pineapple Tidbits
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Misc
 • Ketchup Dispenser
 • Mustard Dispenser
 • Mayo Dispenser
 • Ranch Dispenser

THURSDAY

4

Breakfast Entrée
 • Pineapple Parfait w/ Granola
 • Cinnamon Toast Crunch Cereal w/ Graham Crackers
 • Trix Cereal w/ Graham Crackers
 • Cheerios Cereal w/ Graham Crackers
 Fruit
 • Fresh Orange
 • 100% Apple Juice
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Lunch Entrée
 • Hot Dog (Pork-Free)
 • Mozzarella Cheese Quesadilla
 • Chicken Caesar Salad w/Crackers
 Vegetables
 • Fresh Lettuce & Spinach Mix
 • Fresh Baby Carrots
 • Fresh Celery Sticks
 • Seasoned Curly Fries
 Fruit
 • Fresh Orange
 • Unsweetened Applesauce
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Misc
 • Ketchup Dispenser
 • Mustard Dispenser
 • Mayo Dispenser
 • Ranch Dispenser

FRIDAY

5

Breakfast Entrée
 • Scrambled Eggs w/ Toast
 • Cinnamon Toast Crunch Cereal w/ Graham Crackers
 • Trix Cereal w/ Graham Crackers
 • Cheerios Cereal w/ Graham Crackers
 Fruit
 • Fresh Apple
 • 100% Fruit Punch Juice
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Lunch Entrée
 • Classic Pepperoni Pizza
 • Turkey Sausage Pizza
 • Baja Fish Sticks w/Roll
 • Turkey Ham & Cheese Wrap
 Vegetables
 • Fresh Lettuce & Spinach Mix
 • Fresh Baby Carrots
 • Fresh Celery Sticks
 • Fresh-Cut Cucumber Slices
 • Steamed Broccoli
 Fruit
 • Diced Pears
 • Fresh Apple
 Milk
 • 1% Low Fat White Milk Local
 • Fat Free Chocolate Milk Local
 Misc
 • Ranch Dispenser
 • Mustard Dispenser
 • Mayo Dispenser
 • Ketchup Dispenser

8

Breakfast Entrée

- Chilaquiles
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Honey Cheerios Cereal w/ Graham Crackers

Fruit

- INACTIVE 100% Orange-Pineapple Juice
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Chicken Teriyaki w/Rice
- Two Cheese Grilled Cheese Sandwich
- Vegetarian Garden Salad

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Steamed Broccoli

Fruit

- Sweet Diced Peaches
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

9

Breakfast Entrée

- Colby Cheese Omelet
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Honey Cheerios Cereal w/ Graham Crackers

Fruit

- 100% Apple Juice
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Golden Chicken Corn Dog
- Crispy Beef Tacos w/Spanish Rice
- Italian Sub

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Classic Refried Beans

Fruit

- Unsweetened Applesauce
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

10

Breakfast Entrée

- Strawberry Smoothie w/Graham Crackers
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Honey Cheerios Cereal w/ Graham Crackers

Fruit

- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Cheesy Spaghetti Pomodoro w/ Roll
- Crispy Chicken Patty Sandwich
- Veggie Ranch Wrap

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Seasoned Peas & Carrots

Fruit

- Juicy Pineapple Tidbits
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

11

Breakfast Entrée

- French Toast Sticks w/ Turkey Sausage
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Honey Cheerios Cereal w/ Graham Crackers

Fruit

- Fresh Orange
- 100% Apple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Cheesy Chicken Burrito
- Classic Pepperoni Pizza
- Loaded Meat Lover's Pizza
- Turkey & Cheese Sandwich

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Seasoned Curly Fries

Fruit

- Cinnamon Spiced Apples
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ranch Dispenser
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

12

Breakfast Entrée

- Egg & Cheese Biscuit Sandwich
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Honey Cheerios Cereal w/ Graham Crackers

Fruit

- Fresh Banana
- INACTIVE 100% Orange-Pineapple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Grilled Cheeseburger
- Chicken Nuggets w/Roll
- Chicken Taco Salad

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Parmesan & Garlic Tater Tots

Fruit

- Diced Pears
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

15

Breakfast Entrée

- Savory Breakfast on a Stick
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Apple
- 100% Fruit Punch Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- Creamy Macaroni & Cheese
- Pulled Pork BBQ Sandwich
- Cobb Salad w/ Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Juicy Mandarin Oranges

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

16

Breakfast Entrée

- Peach Parfait w/ Graham Crackers
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Orange
- 100% Apple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Beef Tamales w/ Refried Beans and Spanish Rice
- Sunbutter & Jelly Sandwich w/ String Cheese

Vegetables

- Fresh Salsa
- Fresh Lettuce & Spinach Mix
- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Fresh Celery Sticks
- Classic Refried Beans

Fruit

- Diced Pears
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser
- Ketchup Dispenser

17

Breakfast Entrée

- Homemade Apple Pancakes
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Apple
- INACTIVE 100% Orange-Pineapple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- Homemade Bean & Cheese Burrito
- Classic Pepperoni Pizza
- Bacon Ranch Pizza
- Deli Stacker Sub

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks
- Steamed Corn

Fruit

- Sweet Diced Peaches
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

18

Breakfast Entrée

- Bacon, Egg & Cheese Breakfast Tacos
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- 100% Fruit Punch Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Mini Chicken Corndogs
- Cheesy Turkey Melt
- Crispy Buffalo Chicken Wrap

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks
- Crispy Tater Tots

Fruit

- Fresh Orange
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

19

Breakfast Entrée

- Iced Cinnamon Roll w/ Sausage Patty
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Orange
- 100% Apple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Spaghetti & Meatballs w/ Breadstick
- Spicy Chicken Patty Sandwich
- Southwest Chicken Salad

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks
- Seasoned Peas & Carrots

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser
- Ketchup Dispenser

22

Breakfast Entrée

- Egg & Cheese Big Bite Sandwich
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Apple
- INACTIVE 100% Orange-Pineapple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Savory Chili Dog
- Beef & Broccoli w/Brown Rice
- Chef Salad w/Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks
- Crispy Tater Tots

Fruit

- Juicy Pineapple Tidbits
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

23

Breakfast Entrée

- Turkey Sausage Breakfast Pizza
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Trix Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers

Fruit

- Fresh Banana
- 100% Apple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Classic Pepperoni Pizza
- Pepperoni & Jalapeno Pizza
- Seasoned Chicken Fajitas w/Flour Tortilla
- Turkey & Cheese Sandwich

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Celery Sticks
- Cheesy Mexican Mix Refried Beans

Fruit

- Cinnamon Applesauce
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

24

Breakfast Entrée

- Cheesy Egg & Turkey Sausage Breakfast Burrito
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- 100% Fruit Punch Juice
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Beefy Macaroni Marinara w/ Roll
- Chicken Cordon Bleu Sandwich
- Chicken Caesar Wrap

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Steamed Corn

Fruit

- Diced Pears
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

25

Breakfast Entrée

- Mango Smoothie w/Graham Crackers
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Turkey Bacon Cheeseburger
- Cheesy Broccoli Baked Potato w/ Roll
- Crispy Buffalo Chicken Salad w/Crackers

Grain

- Whole Wheat Dinner Roll

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Fresh Celery Sticks
- Steamed Broccoli

Fruit

- Cinnamon Spiced Apples
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

26

Breakfast Entrée

- Potato, Egg & Cheese Quesadilla
- Cinnamon Toast Crunch Cereal w/ Graham Crackers
- Cocoa Puffs Cereal w/ Graham Crackers
- Lucky Charms Cereal w/ Graham Crackers

Fruit

- Fresh Banana
- 100% Fruit Punch Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Sweet Honey BBQ Boneless Wings w/Roll
- Cheesy Meatball Sub
- Sunbutter & Jelly Sandwich w/ String Cheese

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices
- Seasoned Curly Fries

Fruit

- Sweet Diced Peaches
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

Breakfast Entrée

- Fluffy Banana Muffin
- Cheerios Cereal
- Trix Cereal
- Cinnamon Toast Crunch Cereal

Fruit

- 100% Fruit Punch Juice
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Breakfast Entrée

- Cheesy Egg Breakfast Burrito
- Cinnamon Toast Crunch Cereal
- Trix Cereal
- Cheerios Cereal

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Orange
- 100% Apple Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local