

Harvest Pre-K Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Entrée • Chilaquiles Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Nuggets w/Roll Vegetables • Seasoned Curly Fries Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	2 Breakfast Entrée • Pineapple Parfait w/ Graham Crackers Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Beefy Macaroni Marinara w/ Roll Vegetables • Parmesan & Garlic Tater Tots Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	3 Breakfast Entrée • Spicy Scrambled Egg Chorizo w/ Tortilla Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Classic Pepperoni Pizza Vegetables • Steamed Broccoli Fruit • Diced Pears Milk • 1% Low Fat White Milk Local
6 Breakfast Entrée • Fluffy Jumbo Waffles w/ Turkey Bacon Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Orange Chicken w/ Brown Rice Vegetables • Steamed Broccoli Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	7 Breakfast Entrée • Colby Cheese Omelet w/ Toast Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Ground Beef Soft Flour Tacos Vegetables • Cheesy Mexican Mix Refried Beans Fruit • Cinnamon Applesauce Milk • 1% Low Fat White Milk Local	8 Breakfast Entrée • Strawberry Smoothie w/Graham Crackers Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheesy Spaghetti Pomodoro w/ Roll Vegetables • Parmesan & Garlic Tater Tots Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	9 Breakfast Entrée • Turkey Sausage, Egg & Cheese Big Bite Sandwich Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Homemade Bean & Cheese Burrito Vegetables • Steamed Corn Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local	10 Breakfast Entrée • French Toast Sticks w/ Turkey Sausage Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • BBQ Beef Rib Sandwich Vegetables • Seasoned Curly Fries Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local

13 Breakfast Entrée • Savory Breakfast on a Stick Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • Creamy Macaroni & Cheese Vegetables • Spiced Green Beans Fruit • Juicy Mandarin Oranges Milk • 1% Low Fat White Milk Local	14 Breakfast Entrée • Fluffy Apple Cinnamon Muffin w/ String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Mozzarella Cheese Quesadilla Vegetables • Classic Refried Beans Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	15 Breakfast Entrée • Fluffy Pancakes Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • Spaghetti Marinara w/ Chicken & Breadstick Vegetables • Italian Veggie Blend Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	16 Breakfast Entrée • Bacon, Egg & Cheese Breakfast Tacos Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Grilled Cheeseburger Vegetables • Zingy Crinkle Fries Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	17 Breakfast Entrée • Cocoa Puffs Cereal Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Delicious Cheese Pizza Vegetables • Peppered Broccoli Florets Fruit • Diced Pears Milk • 1% Low Fat White Milk Local
20 Breakfast Entrée • Sweet Apple Frudel Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Grilled Cheese Sandwich Vegetables • Italian Veggie Blend Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	21 Breakfast Entrée • Cheesy Egg & Turkey Sausage Breakfast Burrito Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Homemade Egg & Turkey Sausage Biscuit Vegetables • Crispy Tater Tots Fruit • Cinnamon Applesauce Milk • 1% Low Fat White Milk Local	22 Breakfast Entrée • Turkey Sausage Breakfast Pizza Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheese Stuffed Breadsticks w/Marinara Vegetables • Peppered Broccoli Florets Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	23 Breakfast Entrée • Peach Parfait w/ Graham Crackers Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Popcorn Chicken Potato Bowl w/Roll Vegetables • Spiced Green Beans Fruit • Cinnamon Spiced Apples Milk • 1% Low Fat White Milk Local	24 Breakfast Entrée • Honey Chicken Biscuit Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Delicious Cheese Pizza Vegetables • Zingy Crinkle Fries Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local

27	28	29	30	31
Breakfast Entrée • Fluffy Banana Muffin Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Tenders w/Roll Vegetables • Peppered Broccoli Florets Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Cheesy Egg Breakfast Burrito Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Mini Cheese Quesadillas Vegetables • Seasoned Mexican Black Beans Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Homemade Biscuit & Gravy w/ Turkey Sausage Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Nuggets w/Roll Vegetables • Buttery Steamed Corn Fruit • Juicy Mandarin Oranges Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Mandarin Orange Parfait w/ Graham Crackers Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Juicy Hamburger Vegetables • Zingy Crinkle Fries Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Scrambled Eggs w/ Toast Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Delicious Cheese Pizza Vegetables • Italian Veggie Blend Fruit • Diced Pears Milk • 1% Low Fat White Milk Local