

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1**

- Breakfast Entrée
  - **Cheesy Egg Breakfast Burrito**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
  - String Cheese
- Fruit
  - Fresh Apple
  - Fruit Cocktail
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - **Grande Beefy Nachos**
  - **Mozzarella Cheese Quesadilla**
  - **Turkey & Cheese Sandwich**
- Vegetables
  - Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - Classic Refried Beans
- Fruit
  - Fresh Apple
  - Fresh Orange
  - Sweet Diced Peaches
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local

**4**

Breakfast Entrée

- **Sweet Apple Frudel**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Smokey Bacon Mac'n Cheese Delight**
- **Popcorn Chicken w/Dinner Roll**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**5**

Breakfast Entrée

- **Cheesy Egg Scramble w/ Turkey Ham & Buttery Toast**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Hot Dog (Pork-Free)**
- **Scratch-Made Beef Enchiladas w/ Spanish Rice**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**6**

Breakfast Entrée

- **French Toast Sticks w/ Scrambled Eggs**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- **Chicken Teriyaki w/Rice**
- **Chili Cheeseburger**
- **Italian Sub**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**7**

Breakfast Entrée

- **Chocolate Banana SunButter Smoothie**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Beefy Macaroni Marinara w/ Roll**
- **Mini Chicken Corndogs**
- **Cobb Salad w/ Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Crinkle Carrots

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**8**

Breakfast Entrée

- **Iced Cinnamon Roll w/ Sausage Patty**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Nuggets w/Roll**
- **Popcorn Chicken Potato Bowl w/Roll**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**11**

## Breakfast Entrée

- Turkey Ham, Egg & Cheese Breakfast Burrito
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Crispy Chicken Patty Sandwich
- Cheesy Spaghetti Pomodoro w/ Roll
- Turkey & Cheese Sandwich

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Crispy Sweet Potato Fries

## Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

## Milk

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- Fat Free Chocolate Milk Local

**12**

## Breakfast Entrée

- Cherry Parfait w/ Granola
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Orange
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Homemade Chicken Nachos
- Mozzarella Cheese Quesadilla
- Chef Salad w/Crackers

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

## Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

## Milk

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**13**

## Breakfast Entrée

- Potato, Egg & Cheese Quesadilla
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Diced Pears

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Classic Pepperoni Pizza
- Loaded Meat Lover's Pizza
- Chicken Nuggets w/Roll
- Crispy Buffalo Chicken Wrap

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

## Milk

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**14**

## Breakfast Entrée

- Fluffy Jumbo Waffles w/ Turkey Sausage
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Orange
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Maple Syrup Cup
- Green Chili Chicken Pozole w/Tortilla Chips
- Cheesy Broccoli Baked Potato w/ Roll
- Crispy Buffalo Chicken Salad

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

## Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**15**

## Breakfast Entrée

- Huevos Rancheros
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- Turkey Bacon Cheeseburger
- Nashville Hot Chicken Sandwich
- Cobb Salad w/ Crackers

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Peas & Carrots

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**18**

- Breakfast Entrée
- **Bacon, Egg & Cheese Breakfast Tacos**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**

- Meat/Meat Alternate
- String Cheese

## Fruit

- Fresh Apple
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Breaded Drumstick w/Roll**
- **Beef Dipper Potato Bowl w/ Roll**
- **Deli Stacker Sub**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Mashed Potatoes

## Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Roasted Turkey Gravy

**19**

- Breakfast Entrée
- **Mango Smoothie**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**

- Meat/Meat Alternate
- String Cheese

## Fruit

- Fresh Orange
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Maple Syrup Cup

## Lunch Entrée

- **Beef Walking Taco**
- **Golden Chicken Corn Dog**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Fresh Shredded Lettuce
- Fresh Diced Tomatoes
- Jalapeno Slices
- Classic Refried Beans

## Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Light Sour Cream

**20**

- Breakfast Entrée
- **Turkey Sausage Breakfast Pizza**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**

- Meat/Meat Alternate
- String Cheese

## Fruit

- Fresh Apple
- Diced Pears

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Chicken Chow Mein**
- **Chicken Cordon Bleu Sandwich**
- **Crispy Buffalo Chicken Salad w/Crackers**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

## Milk

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- Fat Free Chocolate Milk Local

**21**

- Breakfast Entrée
- **Egg & Turkey Sausage Bagel Sandwich**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**

- Meat/Meat Alternate
- String Cheese

## Fruit

- Fresh Orange
- Sweet Diced Peaches

## Milk

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- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Classic Pepperoni Pizza**
- **Bacon Ranch Pizza**
- **Sonoran Dog**
- **Turkey & Cheese Sandwich**

## Step 2- Pick your protein

- BBQ Beef Rib

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

## Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

## Milk

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- Fat Free Chocolate Milk Local

**22**

- Breakfast Entrée
- **Huevos Motulenos**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**

- Meat/Meat Alternate
- String Cheese

## Fruit

- Fresh Apple
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Carne Asada Quesadilla**
- **Chicken Nuggets w/Roll**
- **Beef Taco Salad**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- SFE House Salsa
- Jalapeno Slices
- Sweet Honey Sriracha Sweet Potatoes

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**25****26****27****28****29**

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