

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b></p> <p>Breakfast Entrée</p> <ul style="list-style-type: none"><li>• <b>Cheesy Egg Breakfast Burrito</b></li><li>• <b>Rice Chex Cereal w/ Toast</b></li><li>• <b>Cocoa Puffs Cereal w/ Toast</b></li><li>• <b>Lucky Charms Cereal w/ Toast</b></li></ul> <p>Meat/Meat Alternate</p> <ul style="list-style-type: none"><li>• String Cheese</li></ul> <p>Fruit</p> <ul style="list-style-type: none"><li>• Fresh Apple</li><li>• Fruit Cocktail</li></ul> <p>Milk</p> <ul style="list-style-type: none"><li>• 1% Low Fat White Milk Local</li><li>• Fat Free Chocolate Milk Local</li></ul> <p>Lunch Entrée</p> <ul style="list-style-type: none"><li>• <b>Grande Beefy Nachos</b></li><li>• <b>Mozzarella Cheese Quesadilla</b></li><li>• <b>Turkey &amp; Cheese Sandwich</b></li></ul> <p>Vegetables</p> <ul style="list-style-type: none"><li>• Fresh Lettuce &amp; Spinach Mix</li><li>• Fresh Baby Carrots</li><li>• Fresh Celery Sticks</li><li>• Fresh Cucumber w/ Tajin</li><li>• Classic Refried Beans</li></ul> <p>Fruit</p> <ul style="list-style-type: none"><li>• Fresh Apple</li><li>• Fresh Orange</li><li>• Sweet Diced Peaches</li></ul> <p>Milk</p> <ul style="list-style-type: none"><li>• 1% Low Fat White Milk Local</li><li>• Fat Free Chocolate Milk Local</li></ul>

**4**

Breakfast Entrée

- **Sweet Apple Frudel**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Smokey Bacon Mac'n Cheese Delight**
- **Popcorn Chicken w/Dinner Roll**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**5**

Breakfast Entrée

- **Cheesy Egg Scramble w/ Turkey Ham & Buttery Toast**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Hot Dog (Pork-Free)**
- **Scratch-Made Beef Enchiladas w/ Spanish Rice**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**6**

Breakfast Entrée

- **French Toast Sticks w/ Scrambled Eggs**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- **Chicken Teriyaki w/Rice**
- **Chili Cheeseburger**
- **Italian Sub**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**7**

Breakfast Entrée

- **Chocolate Banana SunButter Smoothie**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Beefy Macaroni Marinara w/ Roll**
- **Mini Chicken Corndogs**
- **Cobb Salad w/ Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Crinkle Carrots

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**8**

Breakfast Entrée

- **Iced Cinnamon Roll w/ Sausage Patty**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Nuggets w/Roll**
- **Popcorn Chicken Potato Bowl w/Roll**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**11**

## Breakfast Entrée

- **Turkey Ham, Egg & Cheese Breakfast Burrito**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Crispy Chicken Patty Sandwich**
- **Cheesy Spaghetti Pomodoro w/ Roll**
- **Turkey & Cheese Sandwich**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Crispy Sweet Potato Fries

## Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**12**

## Breakfast Entrée

- **Cherry Parfait w/ Granola**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Orange
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Homemade Chicken Nachos**
- **Mozzarella Cheese Quesadilla**
- **Chef Salad w/Crackers**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

## Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**13**

## Breakfast Entrée

- **Potato, Egg & Cheese Quesadilla**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Diced Pears

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Classic Pepperoni Pizza**
- **Loaded Meat Lover's Pizza**
- **Chicken Nuggets w/Roll**
- **Crispy Buffalo Chicken Wrap**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**14**

## Breakfast Entrée

- **Fluffy Jumbo Waffles w/ Turkey Sausage**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Orange
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Maple Syrup Cup
- Lunch Entrée
- **Green Chili Chicken Pozole w/Tortilla Chips**
- **Cheesy Broccoli Baked Potato w/ Roll**
- **Crispy Buffalo Chicken Salad**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

## Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**15**

## Breakfast Entrée

- **Huevos Rancheros**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

## Meat/Meat Alternate

- String Cheese

## Fruit

- Fresh Apple
- Fruit Cocktail

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Turkey Bacon Cheeseburger**
- **Nashville Hot Chicken Sandwich**
- **Cobb Salad w/ Crackers**

## Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Peas & Carrots

## Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**18**

- Breakfast Entrée
- **Bacon, Egg & Cheese Breakfast Tacos**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
  - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Breaded Drumstick w/Roll**
  - **Beef Dipper Potato Bowl w/ Roll**
  - **Deli Stacker Sub**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - Seasoned Mashed Potatoes
- Fruit
- Fresh Apple
  - Fresh Orange
  - Diced Pears
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Roasted Turkey Gravy

**19**

- Breakfast Entrée
- **Mango Smoothie**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Orange
  - Fruit Cocktail
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Maple Syrup Cup
- Lunch Entrée
- **Beef Walking Taco**
  - **Golden Chicken Corn Dog**
  - **Sunbutter & Jelly Sandwich w/ String Cheese**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - Fresh Shredded Lettuce
  - Fresh Diced Tomatoes
  - Jalapeno Slices
  - Classic Refried Beans
- Fruit
- Fresh Orange
  - Fresh Banana
  - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Light Sour Cream

**20**

- Breakfast Entrée
- **Turkey Sausage Breakfast Pizza**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
  - Diced Pears
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Chicken Chow Mein**
  - **Chicken Cordon Bleu Sandwich**
  - **Crispy Buffalo Chicken Salad w/Crackers**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - Steamed Broccoli
- Fruit
- Fresh Apple
  - Fresh Orange
  - Sweet Mixed Fruit
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local

**21**

- Breakfast Entrée
- **Egg & Turkey Sausage Bagel Sandwich**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Orange
  - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Classic Pepperoni Pizza**
  - **Bacon Ranch Pizza**
  - **Sonoran Dog**
  - **Turkey & Cheese Sandwich**
- Step 2- Pick your protein
- BBQ Beef Rib
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - Parmesan & Garlic Tater Tots
- Fruit
- Fresh Orange
  - Fresh Banana
  - Unsweetened Applesauce
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local

**22**

- Breakfast Entrée
- **Huevos Motulenos**
  - **Rice Chex Cereal w/ Toast**
  - **Cocoa Puffs Cereal w/ Toast**
  - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
  - Fruit Cocktail
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Carne Asada Quesadilla**
  - **Chicken Nuggets w/Roll**
  - **Beef Taco Salad**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Fresh Cucumber w/ Tajin
  - SFE House Salsa
  - Jalapeno Slices
  - Sweet Honey Sriracha Sweet Potatoes
- Fruit
- Fresh Apple
  - Fresh Orange
  - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local

**25****26****27****28****29**

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