

May 2025

Harvest K-8 Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Breakfast Entrée
• **Egg & Turkey Sausage Breakfast Quesadilla**
• **Cinnamon Toast Crunch Cereal**
• **Trix Cereal**
• **Cheerios Cereal**
Grain
• Whole Grain Toast w/ Margarine
Fruit
• Fresh Apple
• Fresh Orange
• 100% Apple Juice Cup
Milk
• 1% Low Fat White Milk Local
• Fat Free Chocolate Milk Local
Lunch Entrée
• **Mini Chicken Corndogs**
• **Grande Cheesy Nachos**
• **Chef Salad w/Crackers**
Vegetables
• Fresh Baby Carrots
• Fresh Broccoli Florets
• Fresh Celery Sticks
• Seasoned Charro Pinto Beans
Fruit
• Diced Pears
• Fresh Apple
Milk
• 1% Low Fat White Milk Local
• Fat Free Chocolate Milk Local
Misc
• Ranch Dispenser
• Ketchup Dispenser
• Mustard Dispenser
• Mayo Dispenser

2

Breakfast Entrée
• **Peach Smoothie w/Graham Crackers**
• **Cinnamon Toast Crunch Cereal**
• **Trix Cereal**
• **Cheerios Cereal**
Grain
• Whole Grain Honey Graham Cracker 3 pk
Fruit
• Fresh Apple
• Fresh Orange
• 100% Fruit Punch Juice
Milk
• 1% Low Fat White Milk Local
• Fat Free Chocolate Milk Local
Lunch Entrée
• **Chicken Nuggets w/Roll**
• **Creamy Macaroni & Cheese**
• **Turkey & Cheese Sandwich**
Vegetables
• Fresh-Cut Cucumber Slices
• Fresh Baby Carrots
• Roasted Garbanzo Beans
• Steamed Corn
Fruit
• Cinnamon Spiced Apples
• Fresh Banana
Milk
• 1% Low Fat White Milk Local
• Fat Free Chocolate Milk Local
Misc
• Mayo Dispenser
• Mustard Dispenser

5

Breakfast Entrée

- **French Toast Sticks w/ Turkey Sausage**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Fruit

- Fresh Apple
- Fresh Banana
- 100% Orange Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- **Pulled Pork Street Tacos on Flour**
- **Cheese Quesadilla**
- **Italian Sub**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh-Cut Cucumber Slices
- Seasoned Charro Pinto Beans

Fruit

- Cinnamon Applesauce
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Mayo Dispenser

6

Breakfast Entrée

- **Egg & Cheese Breakfast Quesadilla**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Banana
- Fresh Apple
- 100% Apple Juice Cup

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Cordon Bleu Sandwich**
- **Classic Pepperoni Pizza**
- **Delicious Cheese Pizza**
- **Chicken Taco Salad**

Vegetables

- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Roasted Garbanzo Beans
- Fresh Salsa
- Crispy Tater Tots

Fruit

- Sweet Diced Peaches
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

7

Breakfast Entrée

- **Oatmeal w/ Peaches**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Banana
- 100% Fruit Punch Juice
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Spaghetti Marinara w/Meatballs**
- **Grande Cheesy Nachos**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper
- Seasoned Peas & Carrots

Fruit

- Juicy Mandarin Oranges
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser

8

Breakfast Entrée

- **Colby Cheese Omelet w/ Toast**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- 100% Apple Juice Cup
- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Grilled Cheeseburger**
- **Chicken Nuggets w/Roll**
- **Crispy Buffalo Chicken Salad w/Crackers**

Vegetables

- Fresh Baby Carrots
- Green Bell Pepper
- Fresh Celery Sticks
- Seasoned Curly Fries

Fruit

- Diced Pears
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser

9

Breakfast Entrée

- **Peach Parfait w/ Graham Crackers**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Homemade Bean & Cheese Burrito**
- **Grilled Cheese Sandwich**
- **Turkey Ham & Cheese Sandwich**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Cucumber with Zesty Lemon & Chili
- Seasoned Charro Pinto Beans

Fruit

- Cinnamon Spiced Apples
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Mayo Dispenser
- Ketchup Dispenser

12

Breakfast Entrée

- **Turkey Sausage Breakfast Pizza**
- **Froot Loops Cereal**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**

Fruit

- Fresh Orange
- Fresh Apple
- 100% Fruit Punch Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Tenders w/Roll**
- **Grande Cheesy Nachos**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Broccoli Florets
- Fresh Baby Carrots
- Green Bell Pepper
- Fresh Steamed Broccoli

Fruit

- Sweet Diced Peaches
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

13

Breakfast Entrée

- **Bacon, Egg & Cheese Burrito**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- Fresh Orange
- 100% Apple Juice Cup

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Pulled Pork Street Tacos on Flour**
- **Cheese Quesadilla**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh Baby Carrots
- Fresh Tomato Wedges
- Fresh Cucumber with Zesty Lemon & Chili
- Cheesy Mexican Mix Refried Beans

Fruit

- Unsweetened Applesauce
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

14

Breakfast Entrée

- **Glazed Cinnamon Roll**
- **Strawberry Banana Yogurt Cup w/ Graham Crackers**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Orange
- Fresh Apple
- 100% Orange Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Golden Chicken Corn Dog**
- **Chicken Teriyaki w/Brown Rice**
- **Crispy Popcorn Chicken Ranch Wrap**

Vegetables

- Fresh Lettuce & Spinach Mix
- Roasted Garbanzo Beans
- Green Bell Pepper
- Steamed Crinkle Carrots

Fruit

- Juicy Pineapple Tidbits
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

15

Breakfast Entrée

- **Turkey Ham & Cheese Breakfast Quesadilla**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- Fresh Orange
- 100% Fruit Punch Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Sweet & Sour Popcorn Chicken w/ Brown Rice**
- **Classic Pepperoni Pizza**
- **Loaded Meat Lover's Pizza**
- **Chef Salad w/Crackers**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Tomato Wedges
- Crispy Tater Tots

Fruit

- Cinnamon Spiced Apples
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ranch Dispenser
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

16

Breakfast Entrée

- **Strawberry Mango Smoothie w/Graham Crackers**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Orange
- Fresh Apple
- 100% Apple Juice Cup

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Popcorn Chicken Snowbowl w/Roll**
- **Grilled Cheese Sandwich**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Seasoned Mashed Potatoes

Fruit

- Diced Pears
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

19

Breakfast Entrée

- **Fluffy Pancakes w/ Turkey Bacon**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Fruit

- Fresh Apple
- Fresh Banana
- 100% Orange Juice

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- **Crispy Chicken Patty Sandwich**
- **Large Spaghetti Meatsauce**
- **Chilled Chicken Fajita Sandwich**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh-Cut Cucumber Slices
- Steamed Corn

Fruit

- Cinnamon Applesauce
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser

20

Breakfast Entrée

- **Turkey Sausage, Egg & Cheese Bagel Sandwich**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Banana
- Fresh Apple
- 100% Apple Juice Cup

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Sweet & Sour Popcorn Chicken w/ Brown Rice**
- **Grilled Cheese Sandwich**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Roasted Garbanzo Beans
- Steamed Crinkle Carrots

Fruit

- Sweet Diced Peaches
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

21

Breakfast Entrée

- **Turkey Sausage Breakfast Pizza**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Banana
- 100% Fruit Punch Juice
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Classic Pepperoni Pizza**
- **Delicious Cheese Pizza**
- **Crispy Beef Tacos w/Spanish Rice**
- **Italian Sub**

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper
- Seasoned Curly Fries

Fruit

- Juicy Mandarin Oranges
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

22

Breakfast Entrée

- **Golden Potato & Cheese Breakfast Burrito**
- **Cinnamon Toast Crunch Cereal**
- **Trix Cereal**
- **Honey Cheerios Cereal**

Grain

- Whole Grain Toast w/ Margarine

Fruit

- 100% Apple Juice Cup
- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Creamy Macaroni & Cheese**
- **Chicken Teriyaki w/Brown Rice**
- **Buffalo Ranch Chicken Salad**

Vegetables

- Fresh Baby Carrots
- Green Bell Pepper
- Fresh Celery Sticks
- Fresh Steamed Broccoli

Fruit

- Diced Pears
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser

23**26****27****28****29****30**