

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Breakfast Entrée • Spicy Scrambled Egg Chorizo w/ Tortilla • Rice Chex Cereal w/ Toast • Cocoa Puffs Cereal w/ Toast • Lucky Charms Cereal w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Apple • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local Lunch Entrée • Orange Chicken w/ Brown Rice • Grilled Cheeseburger • Sunbutter & Jelly Sandwich w/ String Cheese Vegetables • Fresh Lettuce & Spinach Mix • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Cucumber w/ Tajin • Seasoned Peas & Carrots Fruit • Fresh Apple • Fresh Orange • Diced Pears Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	Breakfast Entrée • Peach & Yogurt Parfait w/ Granola • Rice Chex Cereal w/ Toast • Cocoa Puffs Cereal w/ Toast • Lucky Charms Cereal w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Orange • Fruit Cocktail Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local Lunch Entrée • Crispy Chicken Patty Sandwich • Chicken Nuggets w/Roll • Crispy Buffalo Chicken Salad w/Crackers Vegetables • Fresh Lettuce & Spinach Mix • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Cucumber w/ Tajin • Zingy Crinkle Fries Fruit • Fresh Orange • Fresh Banana • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	Breakfast Entrée • Scramble Eggs w/ Toast • Rice Chex Cereal w/ Toast • Cocoa Puffs Cereal w/ Toast • Lucky Charms Cereal w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Apple • Diced Pears Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local Lunch Entrée • Golden Chicken Corn Dog • Crispy Beef Tacos w/Spanish Rice • Crispy Buffalo Chicken Wrap Vegetables • Fresh Lettuce & Spinach Mix • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Cucumber w/ Tajin • Seasoned Crispy Sweet Potato Fries Fruit • Fresh Apple • Fresh Orange • Sweet Mixed Fruit Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	Breakfast Entrée • Cinnamon Oatmeal w/ Raisins • Rice Chex Cereal w/ Toast • Cocoa Puffs Cereal w/ Toast • Lucky Charms Cereal w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Orange • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local Lunch Entrée • Classic Pepperoni Pizza • Ham & Cheese Pizza • Chicken Tenders w/Roll • Cobb Salad w/ Crackers Vegetables • Fresh Lettuce & Spinach Mix • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Cucumber w/ Tajin • Seasoned Mashed Potatoes Fruit • Fresh Orange • Fresh Banana • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	Breakfast Entrée • Cheesy Egg Breakfast Burrito • Rice Chex Cereal w/ Toast • Cocoa Puffs Cereal w/ Toast • Lucky Charms Cereal w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Apple • Fruit Cocktail Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local Lunch Entrée • Grande Beefy Nachos • Mozzarella Cheese Quesadilla • Turkey & Cheese Sandwich Vegetables • Fresh Lettuce & Spinach Mix • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Cucumber w/ Tajin • Classic Refried Beans Fruit • Fresh Apple • Fresh Orange • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local

Breakfast Entrée

- **Sweet Apple Frudel**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Smokey Bacon Mac'n Cheese Delight**
- **Popcorn Chicken w/Dinner Roll**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Breakfast Entrée

- **Cheesy Egg Scramble w/ Turkey Ham & Buttery Toast**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Hot Dog (Pork-Free)**
- **Scratch-Made Beef Enchiladas w/ Spanish Rice**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Breakfast Entrée

- **French Toast Sticks w/ Scrambled Eggs**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- **Chicken Teriyaki w/Rice**
- **Chili Cheeseburger**
- **Italian Sub**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Breakfast Entrée

- **Chocolate Banana SunButter Smoothie**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Beefy Macaroni Marinara w/ Roll**
- **Mini Chicken Corndogs**
- **Cobb Salad w/ Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Crinkle Carrots

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Breakfast Entrée

- **Iced Cinnamon Roll w/ Sausage Patty**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Nuggets w/Roll**
- **Popcorn Chicken Potato Bowl w/Roll**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Turkey Ham, Egg & Cheese Breakfast Burrito
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Crispy Chicken Patty Sandwich
- Cheesy Spaghetti Pomodoro w/ Roll
- Turkey & Cheese Sandwich

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Crispy Sweet Potato Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Cherry Parfait w/ Granola
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Homemade Chicken Nachos
- Mozzarella Cheese Quesadilla
- Chef Salad w/Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Potato, Egg & Cheese Quesadilla
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Classic Pepperoni Pizza
- Loaded Meat Lover's Pizza
- Chicken Nuggets w/Roll
- Crispy Buffalo Chicken Wrap

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Fluffy Jumbo Waffles w/ Turkey Sausage
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- Green Chili Chicken Pozole w/Tortilla Chips
- Cheesy Broccoli Baked Potato w/ Roll
- Crispy Buffalo Chicken Salad

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Huevos Rancheros
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Turkey Bacon Cheeseburger
- Nashville Hot Chicken Sandwich
- Cobb Salad w/ Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Peas & Carrots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Bacon, Egg & Cheese Breakfast Tacos**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Breaded Drumstick w/Roll**
- **Beef Dipper Potato Bowl w/ Roll**
- **Deli Stacker Sub**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Mashed Potatoes

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Roasted Turkey Gravy

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Breakfast Entrée

- **Mango Smoothie**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- **Beef Walking Taco**
- **Golden Chicken Corn Dog**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Fresh Shredded Lettuce
- Fresh Diced Tomatoes
- Jalapeno Slices
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Light Sour Cream

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Breakfast Entrée

- **Turkey Sausage Breakfast Pizza**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Chow Mein**
- **Chicken Cordon Bleu Sandwich**
- **Crispy Buffalo Chicken Salad w/Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Egg & Turkey Sausage Bagel Sandwich**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Classic Pepperoni Pizza**
- **Bacon Ranch Pizza**
- **Sonoran Dog**
- **Turkey & Cheese Sandwich**

Step 2- Pick your protein

- BBQ Beef Rib

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Huevos Motulenos**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Carne Asada Quesadilla**
- **Chicken Nuggets w/Roll**
- **Beef Taco Salad**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- SFE House Salsa
- Jalapeno Slices
- Sweet Honey Sriracha Sweet Potatoes

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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