

Harvest Pre-K Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5 Breakfast Entrée • Chilaquiles Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Teriyaki w/Rice Vegetables • Steamed Broccoli Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	6 Breakfast Entrée • Colby Cheese Omelet Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Crispy Beef Tacos w/Spanish Rice Vegetables • Classic Refried Beans Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	7 Breakfast Entrée • Strawberry Smoothie Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheesy Spaghetti Pomodoro w/ Roll Vegetables • Seasoned Peas & Carrots Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	8 Breakfast Entrée • French Toast Sticks w/ Turkey Sausage Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheesy Chicken Burrito Vegetables • Seasoned Curly Fries Fruit • Cinnamon Spiced Apples Milk • 1% Low Fat White Milk Local	9 Breakfast Entrée • Egg & Cheese Biscuit Sandwich Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Grilled Cheeseburger Vegetables • Seasoned Crispy Sweet Potato Fries Fruit • Diced Pears Milk • 1% Low Fat White Milk Local
12 Breakfast Entrée • Savory Breakfast on a Stick Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Creamy Macaroni & Cheese Vegetables • Seasoned Curly Fries Fruit • Mandarin Oranges Milk • 1% Low Fat White Milk Local	13 Breakfast Entrée • Peach Parfait w/ Graham Crackers Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Sunbutter & Jelly Sandwich w/ String Cheese Vegetables • Classic Refried Beans Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	14 Breakfast Entrée • Homemade Apple Pancakes Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • Homemade Bean & Cheese Burrito Vegetables • Steamed Baby Carrots Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	15 Breakfast Entrée • Bacon, Egg & Cheese Breakfast Tacos Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheesy Turkey Melt Vegetables • Crispy Tater Tots Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	16 Breakfast Entrée • Iced Cinnamon Roll w/ Sausage Patty Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Spaghetti & Meatballs w/ Breadstick Vegetables • Seasoned Peas & Carrots Fruit • Diced Pears Milk • 1% Low Fat White Milk Local

19		20	Breakfast Entrée • Turkey Sausage Breakfast Pizza Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Seasoned Chicken Fajitas w/Flour Tortilla Vegetables • Cheesy Refried Beans Fruit • Cinnamon Applesauce Milk • 1% Low Fat White Milk Local	21	Breakfast Entrée • Cheesy Egg & Turkey Sausage Breakfast Burrito Fruit • 100% Fruit Punch Juice Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Cordon Bleu Sandwich Vegetables • Steamed Baby Carrots Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	22	Breakfast Entrée • Mango Smoothie Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Turkey Bacon Cheeseburger Vegetables • Steamed Broccoli Fruit • Cinnamon Spiced Apples Milk • 1% Low Fat White Milk Local	23	Breakfast Entrée • Potato, Egg & Cheese Quesadilla Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Sweet Honey BBQ Boneless Wings w/Roll Vegetables • Seasoned Curly Fries Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local
26		27		28		29		30	

This institution is an equal opportunity provider