

April 2026

HPA San Luis

Harvest San Luis K-8 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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SPRING BREAK - NO SCHOOL

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Breakfast Entrée

- **Sweet Apple Frudel**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Smokey Bacon Mac'n Cheese Delight**
- **Popcorn Chicken w/Dinner Roll**
- **Turkey & Cheese Sandwich**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Cheesy Egg Scramble w/ Turkey Ham & Buttery Toast**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Hot Dog (Pork-Free)**
- **Scratch-Made Beef Enchiladas w/ Spanish Rice**
- **Chicken Caesar Salad w/Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **French Toast Sticks w/ Scrambled Eggs**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- **Chicken Teriyaki w/Rice**
- **Chili Cheeseburger**
- **Italian Sub**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Chocolate Banana SunButter Smoothie**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Beefy Macaroni Marinara w/ Roll**
- **Mini Chicken Corndogs**
- **Cobb Salad w/ Crackers**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Crinkle Carrots

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- **Iced Cinnamon Roll w/ Sausage Patty**
- **Rice Chex Cereal w/ Toast**
- **Cocoa Puffs Cereal w/ Toast**
- **Lucky Charms Cereal w/ Toast**

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- **Chicken Nuggets w/Roll**
- **Popcorn Chicken Potato Bowl w/Roll**
- **Sunbutter & Jelly Sandwich w/ String Cheese**

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Parmesan & Garlic Tater Tots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Turkey Ham, Egg & Cheese Breakfast Burrito
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Crispy Chicken Patty Sandwich
- Cheesy Spaghetti Pomodoro w/ Roll
- Turkey & Cheese Sandwich

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Crispy Sweet Potato Fries

Fruit

- Fresh Apple
- Fresh Orange
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Cherry Parfait w/ Granola
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Homemade Chicken Nachos
- Mozzarella Cheese Quesadilla
- Chef Salad w/Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Classic Refried Beans

Fruit

- Fresh Orange
- Fresh Banana
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Potato, Egg & Cheese Quesadilla
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Diced Pears

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Classic Pepperoni Pizza
- Loaded Meat Lover's Pizza
- Chicken Nuggets w/Roll
- Crispy Buffalo Chicken Wrap

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Curly Fries

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Mixed Fruit

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Fluffy Jumbo Waffles w/ Turkey Sausage
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup
- Lunch Entrée
- Green Chili Chicken Pozole w/Tortilla Chips
- Cheesy Broccoli Baked Potato w/ Roll
- Crispy Buffalo Chicken Salad

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Steamed Broccoli

Fruit

- Fresh Orange
- Fresh Banana
- Unsweetened Applesauce

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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Breakfast Entrée

- Huevos Rancheros
- Rice Chex Cereal w/ Toast
- Cocoa Puffs Cereal w/ Toast
- Lucky Charms Cereal w/ Toast

Meat/Meat Alternate

- String Cheese

Fruit

- Fresh Apple
- Fruit Cocktail

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Turkey Bacon Cheeseburger
- Nashville Hot Chicken Sandwich
- Cobb Salad w/ Crackers

Vegetables

- Fresh Lettuce & Spinach Mix
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh Cucumber w/ Tajin
- Seasoned Peas & Carrots

Fruit

- Fresh Apple
- Fresh Orange
- Sweet Diced Peaches

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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- Breakfast Entrée
- **Bacon, Egg & Cheese Breakfast Tacos**
 - **Rice Chex Cereal w/ Toast**
 - **Cocoa Puffs Cereal w/ Toast**
 - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
 - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Breaded Drumstick w/Roll**
 - **Beef Dipper Potato Bowl w/ Roll**
 - **Deli Stacker Sub**
- Vegetables
- Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Cucumber w/ Tajin
 - Seasoned Mashed Potatoes
- Fruit
- Fresh Apple
 - Fresh Orange
 - Diced Pears
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
- Roasted Turkey Gravy

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- Breakfast Entrée
- **Mango Smoothie**
 - **Rice Chex Cereal w/ Toast**
 - **Cocoa Puffs Cereal w/ Toast**
 - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Orange
 - Fruit Cocktail
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
- Maple Syrup Cup
- Lunch Entrée
- **Beef Walking Taco**
 - **Golden Chicken Corn Dog**
 - **Sunbutter & Jelly Sandwich w/ String Cheese**
- Vegetables
- Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Cucumber w/ Tajin
 - Fresh Shredded Lettuce
 - Fresh Diced Tomatoes
 - Jalapeno Slices
 - Classic Refried Beans
- Fruit
- Fresh Orange
 - Fresh Banana
 - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
- Light Sour Cream

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- Breakfast Entrée
- **Turkey Sausage Breakfast Pizza**
 - **Rice Chex Cereal w/ Toast**
 - **Cocoa Puffs Cereal w/ Toast**
 - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
 - Diced Pears
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Chicken Chow Mein**
 - **Chicken Cordon Bleu Sandwich**
 - **Crispy Buffalo Chicken Salad w/Crackers**
- Vegetables
- Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Cucumber w/ Tajin
 - Steamed Broccoli
- Fruit
- Fresh Apple
 - Fresh Orange
 - Sweet Mixed Fruit
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

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- Breakfast Entrée
- **Egg & Turkey Sausage Bagel Sandwich**
 - **Rice Chex Cereal w/ Toast**
 - **Cocoa Puffs Cereal w/ Toast**
 - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Orange
 - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Classic Pepperoni Pizza**
 - **Bacon Ranch Pizza**
 - **Sonoran Dog**
 - **Turkey & Cheese Sandwich**
- Step 2- Pick your protein
- BBQ Beef Rib
- Vegetables
- Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Cucumber w/ Tajin
 - Parmesan & Garlic Tater Tots
- Fruit
- Fresh Orange
 - Fresh Banana
 - Unsweetened Applesauce
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

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- Breakfast Entrée
- **Huevos Motulenos**
 - **Rice Chex Cereal w/ Toast**
 - **Cocoa Puffs Cereal w/ Toast**
 - **Lucky Charms Cereal w/ Toast**
- Meat/Meat Alternate
- String Cheese
- Fruit
- Fresh Apple
 - Fruit Cocktail
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Carne Asada Quesadilla**
 - **Chicken Nuggets w/Roll**
 - **Beef Taco Salad**
- Vegetables
- Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
 - Fresh Cucumber w/ Tajin
 - SFE House Salsa
 - Jalapeno Slices
 - Sweet Honey Sriracha Sweet Potatoes
- Fruit
- Fresh Apple
 - Fresh Orange
 - Sweet Diced Peaches
- Milk
- 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local

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This institution is an equal opportunity provider