

Harvest Pre-K Breakfast & Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
		Breakfast Entrée • Cheesy Egg Breakfast Burrito Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Scratch-Made Cheesy Chicken Flour Tacos Vegetables • Seasoned Mexican Black Beans Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Turkey Sausage Breakfast Pizza Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Crispy Chicken Nuggets Vegetables • Buttery Steamed Corn Fruit • Mandarin Oranges Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	Breakfast Entrée • Huevos Rancheros Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Classic Hamburger Vegetables • Zingy Crinkle Fries Fruit • Fresh Orange Slices Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	Breakfast Entrée • Trix Berry Yogurt Parfait Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Delicious Cheese Pizza Vegetables • Italian Veggie Blend Fruit • Diced Pears Milk • 1% Low Fat White Milk Local
6	7	8	9	10	11
	Breakfast Entrée • Fluffy Jumbo Waffles w/ Turkey Sausage Meat/Meat Alternate • String Cheese Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • Two Cheese Grilled Cheese Sandwich Vegetables • Peppered Broccoli Florets Fruit • Fresh Orange Slices Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Fluffy Scrambled Egg Chorizo w/ Flour Tortilla Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Homemade Bean & Cheese Burrito Vegetables • Fresh Baby Carrots Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Pineapple Mango Smoothie w/Graham Crackers Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Spaghetti & Meatballs w/ Breadstick Vegetables • Spiced Green Beans Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	Breakfast Entrée • Colby Cheese Omelet w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Brunch 4 Lunch- Pancakes & Sausage Vegetables • Crispy Tater Tots Fruit • Cinnamon Spiced Apples Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet • Maple Syrup Cup	Breakfast Entrée • Turkey Sausage, Egg & Cheese Big Bite Sandwich Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Classic Turkey Pepperoni Pizza Vegetables • Zingy Crinkle Fries Fruit • Diced Pears Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet

13	14 Breakfast Entrée • Potato, Egg & Cheese Quesadilla Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Popcorn Chicken Vegetables • Spiced Green Beans Fruit • Mandarin Oranges Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	15 Breakfast Entrée • Pineapple Parfait w/ Granola Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Mozzarella Cheese Quesadilla Vegetables • Classic Refried Beans Fruit • Fresh Orange Slices Milk • 1% Low Fat White Milk Local	16 Breakfast Entrée • Egg, Bacon & Cheese Bagel Sandwich Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Chicken Nuggets w/Onion Rings Vegetables • Italian Veggie Blend Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	17 Breakfast Entrée • Homemade Pancakes Meat/Meat Alternate • Juicy Sausage Patty • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Misc • Maple Syrup Cup Lunch Entrée • Grilled Cheeseburger Vegetables • Zingy Crinkle Fries Fruit • Unsweetened Applesauce Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	18 Breakfast Entrée • Turkey Ham, Egg & Cheese Breakfast Burrito Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Delicious Cheese Pizza Vegetables • Peppered Broccoli Florets Fruit • Sweet Mixed Fruit Milk • 1% Low Fat White Milk Local
20	21 Breakfast Entrée • Strawberry Smoothie Meat/Meat Alternate • String Cheese Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Lunch Entrée • Grilled Cheese Sandwich Vegetables • Fresh-Cut Cucumber Slices Fruit • Juicy Pineapple Tidbits Milk • 1% Low Fat White Milk Local	22 Breakfast Entrée • Early Riser Stuffed Hash Brown Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Classic Hamburger Vegetables • Crispy Tater Tots Fruit • Fresh Banana Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	23 Breakfast Entrée • Cheesy Scrambled Eggs w/Tater Tots Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Cheese Stuffed Breadsticks w/Marinara Vegetables • Peppered Broccoli Florets Fruit • Diced Pears Milk • 1% Low Fat White Milk Local	24 Breakfast Entrée • Breakfast on a Stick w/ String Cheese Meat/Meat Alternate • String Cheese Fruit • Fresh Orange Milk • 1% Low Fat White Milk Local Lunch Entrée • Golden Chicken Corn Dog Vegetables • Spiced Green Beans Fruit • Cinnamon Spiced Apples Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet	25 Breakfast Entrée • Country Breakfast Bowl w/ Toast Meat/Meat Alternate • String Cheese Fruit • Fresh Apple Milk • 1% Low Fat White Milk Local Lunch Entrée • Turkey Bacon Ranch Pizza Vegetables • Zingy Crinkle Fries Fruit • Sweet Diced Peaches Milk • 1% Low Fat White Milk Local Misc • Ketchup Packet
27	28	29	30		

This institution is an equal opportunity provider